



TO COUNCILLOR:

J W Boyce
J Kaufman

Mrs S Z Haq (Chair)
Miss A Kaur

F S Ghattoraya

Dear Sir or Madam

I hereby **INVITE** you to attend a meeting of the **COMMUNITY ENGAGEMENT FORUM** to be held **BY REMOTE VIDEO CONFERENCE** on **WEDNESDAY, 12 JANUARY 2022** at **1.30 PM** for the transaction of the business set out in the Agenda below.

Yours faithfully

Council Offices
Wigston
08 December 2021

Mrs Anne E Court
Chief Executive



<u>ITEM NO.</u>	<u>AGENDA</u>	<u>PAGE NO'S</u>
1.	Apologies for Absence	
2.	Minutes of the Previous Meeting	3 - 6
3.	Introduction to Active Oadby and Wigston	
	a. How to Get Involved with our Programmes	
	b. 2022 Programmes Update	
4.	Supporting Residents of the Borough to Look After their Mental Health	
	To include; awareness of services, promotion of physical activity, promotion of Community Health Champions.	
5.	Supporting Residents of the Borough to Make Greener Choices	
	To include; awareness of recycling rules, awareness of upcycling initiatives, awareness of fuel poverty.	
6.	Thank You and Next Steps	
7.	Date of Next Meeting	

For more information, please contact:

Community Engagement Officer
Oadby and Wigston Borough Council



Customer Service Centre: 40 Bell Street, Wigston, Leicestershire LE18 1AD
Council Offices: Station Road, Wigston, Leicestershire LE18 2DR
Tel: (0116) 288 8961 **Fax:** (0116) 288 7828



oadby-wigston.gov.uk



OadbyWigstonBC



Oadby_Wigston

Council Offices
Station Road, Wigston
Leicestershire
LE18 2DR

t: (0116) 257 2648

e: veronika.quintyne@oadby-wigston.gov.uk

**You can access all available public meeting documents
and audio-visual live streams and recordings electronically on:**



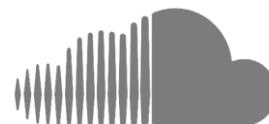
Our website **oadby-wigston.gov.uk** under
'Your Council' and
**'Meeting Dates,
Agendas & Minutes'**



Your smart **iPad**,
Android or
Windows tablet
device with the
'Modern.Gov' app



Our **YouTube** Channel
ow.ly/FYQW50zDNkc
or smart device with the
'YouTube' app
(facilitated by **'Zoom'**)



Our audio platform
**soundcloud.com/
oadbywigstonbc** or
smart device with the
'SoundCloud' app

**MINUTES OF THE MEETING OF THE COMMUNITY ENGAGEMENT FORUM HELD AT THE
BY REMOTE VIDEO CONFERENCE (SEE INSTRUCTIONS BELOW) ON WEDNESDAY, 21
JULY 2021 COMMENCING AT 6.30 PM**

PRESENT

J W Boyce Chair



COUNCILLORS

J Kaufman

OFFICERS IN ATTENDANCE

A Dingley Community & Wellbeing Manager
Ms J Mackenzie Community Health Improvement Officer
Ms V Quintyne Community Engagement Officer

OTHERS IN ATTENDANCE

15. APOLOGIES FOR ABSENCE

Councillor Fula Kamal S Ghattoraya - Oadby and Wigston Borough Council
Councillor Samia Haq - Oadby and Wigston Borough Council
Philippa Fisher - Oadby and Wigston Borough Council
Lesley Green - Oadby Trinity Methodist Church Outreach
Clare Lawrence Simms - Community Scarf Project
Louise Pettitt - Children and Family Wellbeing Service – LCC

16. MINUTES OF THE PREVIOUS MEETING

Councillor Jeffrey Kaufman agreed the previous minutes of Tuesday, 17th November, 2020 4.00 pm as a true record of the meeting.

17. ACTION LIST ARISING FROM PREVIOUS MEETING

No action list was shared as there were no matters arising.

18. COMMUNITY CHAMPION VOLUNTEERS, WALKING GROUPS STATISTICS AND TAKE UP (PRESENTATION)

Community Champion Volunteers, Walking Groups Statistics and Take Up presentation were shared.

Jennifer Mackenzie, Community Health Improvement Officer provided a brief overview of the Walking for Health Programme and the take up of the vaccine programme in the Borough.

The number of vaccinations take in the borough up appears to be the lowest in Leicestershire. Statistics can be quantified by age. The take up of vaccinations is lowest in the 35 to 85 age range. Going forward, the Pop – Up clinic is handling the flow of vaccinations.

Action:1

Following discussion and questioning, it was agreed that that Jennifer Mackenzie obtain further information and clarity from our Health Partners as to the state and numbers of vaccinations taking place in the borough.

Action:2

Circulate the presentation.

19. HELPING HANDS OFFER TO THE BOROUGH (PRESENTATION)

Nigel Swan presented on the Helping Hands offer to the residents of the borough and shared the attached presentation.

Helping Hands provide free, independent specialist advice via paid and volunteer staff. Paid and unpaid staff are covered by the AQS standard. Advisers are trained as Active Listeners.

Helping Hands provide services to the socially excluded. On average Helping Hands provide a service to roughly forty-five clients a week. A surgery is provided at Oadby Methodist Church once a week.

Numbers are growing re face-to-face advice and advice support services are provided online and by telephone. Services are provided with input from local solicitors.

Helping Hands is a charity governed by Trustees.

For the past three years Helping Hands has been appointed as the area Advice Providers. The organisation is supported through regional grants. It has a couple of support Workers and is looking to review its funding. It has also focussed on providing support for people away from employment. Helping Hands is a Trust governed by Trustees

Helping Hands will be the main provider of advice funded by the Local Council over the next three years, Helping Hands have received regional grants and employ a couple of support workers. It is working to renew its funding and have focussed on helping people apart from those requiring employment.

Helping Hands is developing its working links closer to the Local Authority. The organisation also provides a service to people with a disability. The advice the service provides is independent of the Council.

The Chair noted that with the loss of AGE UK locally that talks on this service loss is to take place with Rutland Council Friday 30th July, 2021. In relation to the question posed as to whether Helping Hands are seeing more customers coming across from Blaby; advice was not being restricted from such areas.

Action:3

Circulate the shared presentation

20. MIND APPLES MENTAL HEALTH INTERVENTION (PRESENTATION)

Mind Apples Mental Health Intervention (Presentation Attached)

Julian Harrison, Mind Apples Group Mental Health and Wellbeing Campaigner presented information on Mind Apples.

Mind Apples has been in existence for the past five years.

It was acknowledged that the UK has been in the midst of a mental health crisis for some

years.

It was explained that Mind Apples is about self-help. It exists to support one's health mental health which we all have. The M Community Champion Volunteers, Walking Groups Statistics and Take Up (Presentation) were shared.

The Mind Apples Group meets every fortnight. Attendees share anecdotes and supports others to cope with their worries and anxieties. It is about how to deal with mindfulness in the moment.

Julian facilitated a Mind Apples exercise with these present.

The exercise consisted of each person answering one of twenty questions on what things they usually practice to defuse anxiety and worried. The more questions a person answered the stronger their health and wellbeing might.

It was emphasised that other questions could be substituted for the ones asked on the evening. Messages placed in a jar can help uplift one's sprits a promote mental good health.

Mind Apples can be found on Facebook.

Action:4

The list of twenty questions is to be circulated.

21. OADBY & WIGSTON COUNCIL VOLUNTARY COMMUNITY COVID 19 RECOVERY FUNDING SCHEME GRANT

The Community Engagement Officer shared information about the Oadby & Wigston Council Voluntary Community Sector Covid 19 Recovery Funding Scheme Grant link, prior to the meeting.

The VCS COVID-19 Recovery Grant Scheme aims to support local voluntary groups in Oadby, Wigston or South Wigston to help get them back on their feet.

Eight groups applied for the funding. The minimum sum was £150 and the highest sum £300.

The original sum provided by the Council was £4,000. The closing date for applications is 31st December 2021. Once the has run out it will not be topped up. Funding applications are accepted on a first come, first served basis.

Groups have been provided with the link to apply for the funding, To access the funding click on the following link.

[https://myaccount.oadby-wigston.gov.uk/en/service/VCS Recovery Grant Scheme](https://myaccount.oadby-wigston.gov.uk/en/service/VCS_Recovery_Grant_Scheme)

Action:5

Share the link to the funding grant with everyone.

22. ANY OTHER BUSINESS

The number of attendees at the meeting were low.

Action:6

To encourage attendance at future meetings the Chair requested the Community Engagement Officer write to all those who proffered their apologies for non-attendance to; find out why they did not attend and what can be done to encourage future attendance.

23. DATE OF NEXT MEETING : TUESDAY 26 OCTOBER 2021

THE MEETING CLOSED AT 7.00 PM



Chair

Tuesday, 26 October 2021

*Printed and published by Community & Wellbeing, Oadby and Wigston Borough Council,
Council Offices, Station Road, Wigston, Leicestershire, LE18 2DR*